



Diabetes and Nutrition Study Group  
of the EASD ( DNSG )

## **Minutes of the General Assembly of the Diabetes and Nutrition Study Group of the EASD - 29<sup>th</sup> International Symposium on Diabetes and Nutrition, Rome, Italy, 1st July 2011, 18.30**

The General Assembly convened at 18:30, July 1<sup>st</sup> 2011 in the Hotel Cicerone, Rome.

### **Agenda**

1. Welcome
2. New members
3. DNSG Meetings 2012 – 2014
4. Nutrition Guidelines
5. New board members
6. Miscellaneous

### **Welcome**

The 29<sup>th</sup> DNSG conference was held in Rome in the Hotel Cicerone. Remarkably, the name of the hotel is closely linked to nutrition since “cice” means chickpea (*Cicer arietinum*) which happens to be a very healthy fruit, highly appreciated by members of the DNSG. The famous Roman orator, Cicero, used to allude to the roots of his name by offering roasted chickpeas to visitors to his home.

The 29<sup>th</sup> meeting, held from June 30<sup>th</sup> – July 2<sup>nd</sup>, covered many important topics in nutrition in 15 lectures, 22 free communications and 15 posters. Specific topics of the meeting were metabolic surgery, gene diet interaction and nutrigenomics, and the role of gut microbiota and wholegrains as compared to added sugars in the nutrition of diabetic patients. The general assembly thanked Geltrude Mingrone for the excellent organisation of an outstanding meeting which allowed thorough discussion of the hot topics in the field of nutrition and diabetes.

### **New members**

The following participants of the conference applied for membership of the DNSG. Some of the new members were well known to the Board; all new members are to submit their CVs to the Secretary:



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- Hanne Lovdahl Gulseth
- Lars Johannson
- Maria Lankinen
- Helena Bjermo
- Lene Mortensen
- Hubert Vidal
- Mirian Lansink
- Geertruida Johanna (Truus) Van Woudenberg

The Board discussed the memberships and confirmed that all applicants had given at least 2 presentations at DNSG conferences. All applicants were approved as new members.

### **Future DNSG Symposia on Diabetes and Nutrition**

The following locations for future symposia were selected by the General Assembly and are as follows:

- 2012 Athens (Anastasia Thanopoulou)
- 2013 Croatia (Vladimir Vuksan)
- 2014 Reykjavik (Inga Thorsdottir)

The general assembly had voted for Athens at the previous assembly and Prof. Anastasia Thanopoulou presented the detailed announcement of the meeting, its location and discussed programme topics.

For 2013, Prof. Vladimir Vuksan had proposed holding the meeting in Croatia with a location which still needs to be finalized in detail. This will depend upon availability and choices were between Dubrovnik and Split. Professor Vuksan will organize the meeting together with Dr. Dario Rahelic and Dr. Velimir Bozikov from Zagreb University.

### **Nutrition guidelines**

The general assembly discussed strategies for future updates of the guidelines for nutrition. There was consensus that the conception of guidelines belongs to the major tasks of the DNSG. Such guidelines should be evidence-based and follow internationally accepted procedures such as the GRADE guidelines or similar systems.



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The work from the past year has made it clear that the conception of guidelines will require substantial input from the members and meetings of the guideline groups. This will not be possible without financial support. The general assembly delegated the organisation of these tasks to the Board of the DNSG. The Board held a separate session on July 2<sup>nd</sup>, 2011 in Rome for further organisation of tasks.

### **New Board Members**

Ingrid Mostad from Norway completed her term as a board member and decided not to prolong her membership. She proposed Dr. Anne-Marie Aas, also from Norway, as a new board member. The General Assembly unanimously agreed with this proposal.

The Chairman of the Board, Professor Dr. Andreas F.H. Pfeiffer was re-elected for a further year.

### **Miscellaneous**

The Young Investigator Award for excellent work and presentation is supported by Novo Nordisk. This year's recipients were:

Helena Bjerme, Uppsala, Sweden  
Vanessa De Mello Laaksonen, Kuopio, Finland  
Delia Popa Alina, Isai, Romania

The Travel Grant is sponsored by Nutricia Danone and is also awarded for an excellent presentation. This year's Travel Grant was awarded to:

Arash Mirrahimi, Toronto, Canada

The general assembly concluded at 19.30.

Andreas F. H. Pfeiffer  
\_Chairman DNSG\_